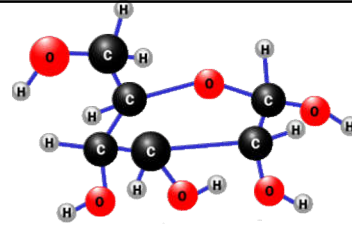


Anaerobic Pathways



- **Glycolysis**

- Glucose + 2 ATP → 4 ATP + 2 Pyruvate

- No oxygen required

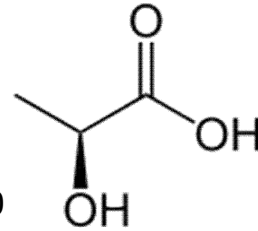
- Fairly low energy yield

- Lactate byproduct

- Resting levels low

- Tolerances 40 mmole/kg in humans, 200 mmole/kg in sea turtles

- During strenuous exercise levels highest in muscle and liver tissue



Glycolysis

- Lactate

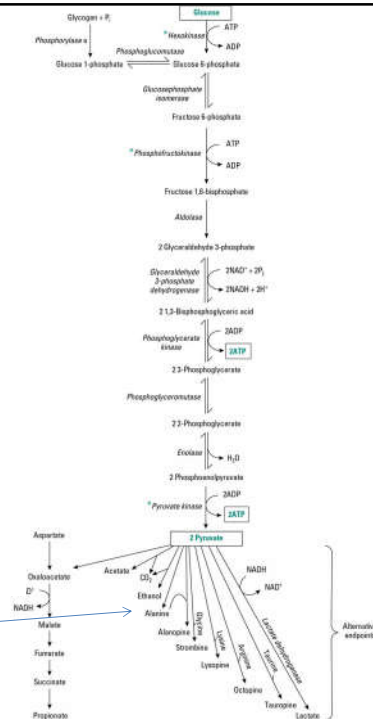
- common animal endpoint

- not a waste product

Table 6.2 ATP yield from different fermentation routes.

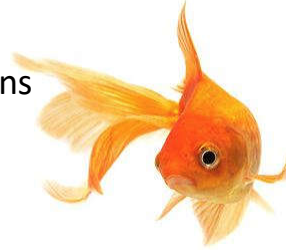
Substrate	Endpoints	mol ATP per mol substrate
Glucose	Lactate, octopine, alanopine or strombine	2
Glucose	Succinate	4
Glucose	Propionate	6
Aspartate or glutamate	Succinate	1
Aspartate or glutamate	Propionate	2
Branched-chain fatty acids	Volatile fatty acids	1

One alternative endpoint is Alanine.
What organism uses that? When?



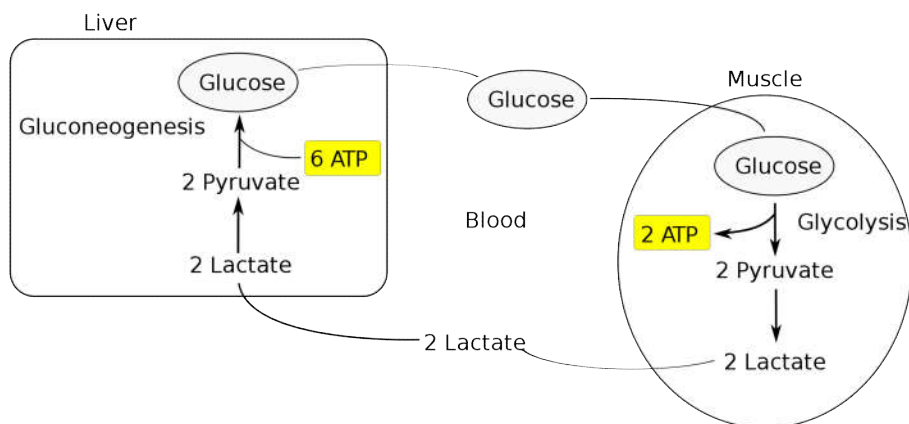
Alternate Endpoints

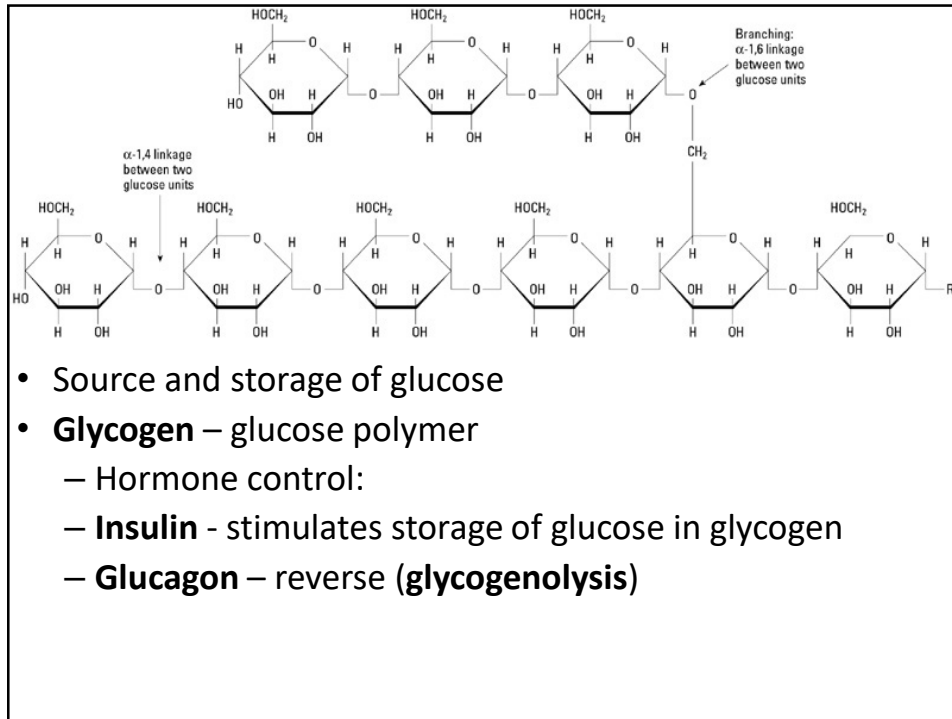
- Some animals use alternate endpoints under some conditions
 - Goldfish use ethanol in cold, anoxic conditions
 - Glucose \rightarrow pyruvate \rightarrow acetaldehyde \rightarrow ethanol
 - Ethanol is excreted



Gluconeogenesis – fate of end products

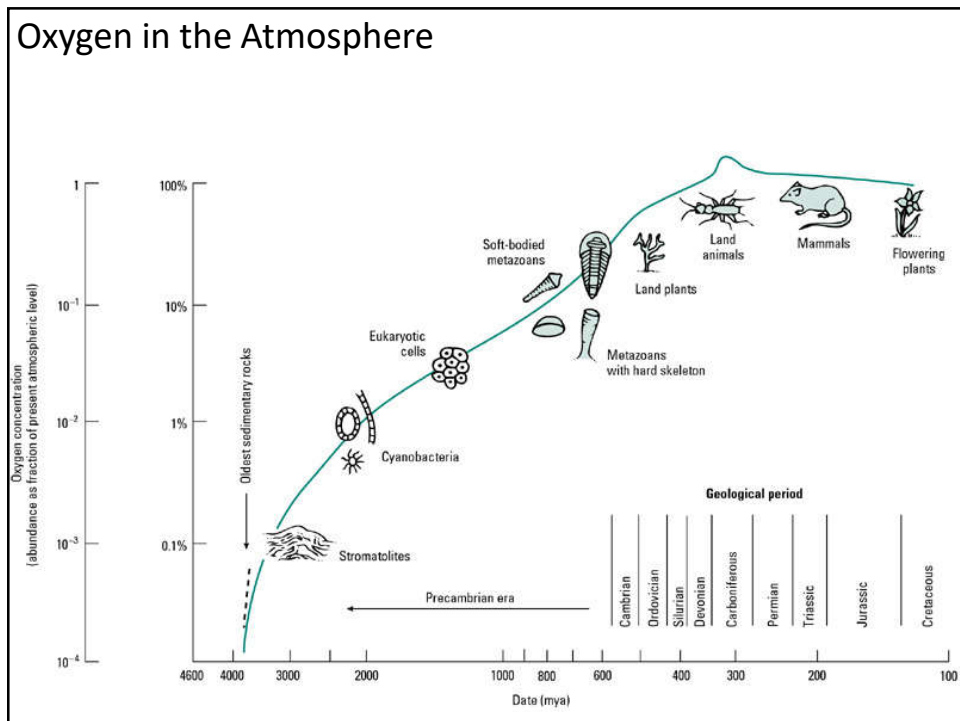
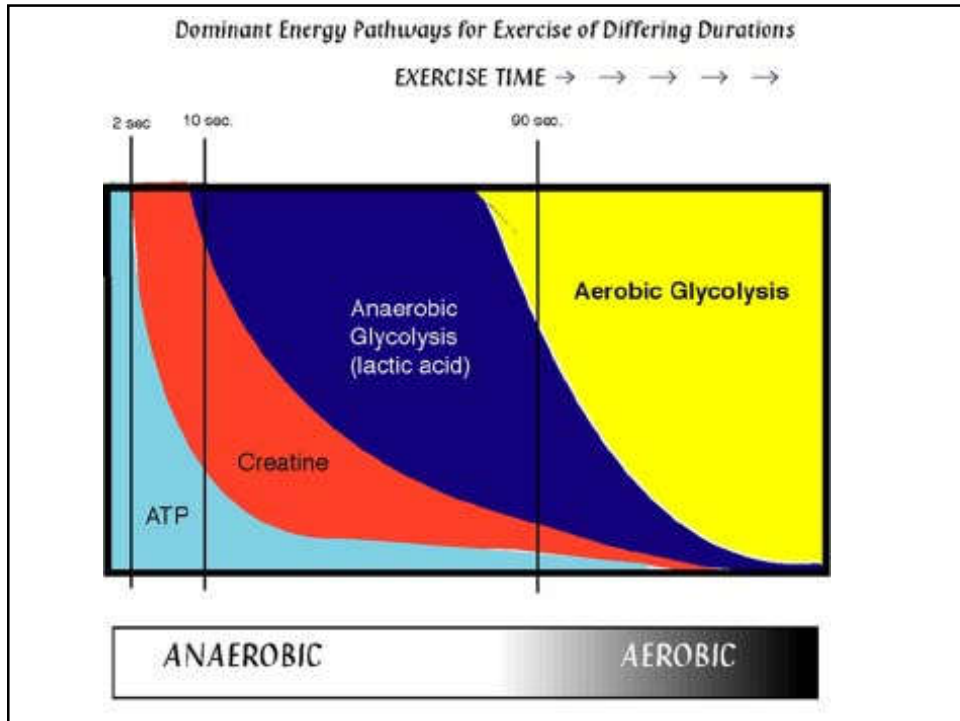
- Lactate transferred to liver, converted back into glucose
- Cost of 6 ATP
- Why bother?





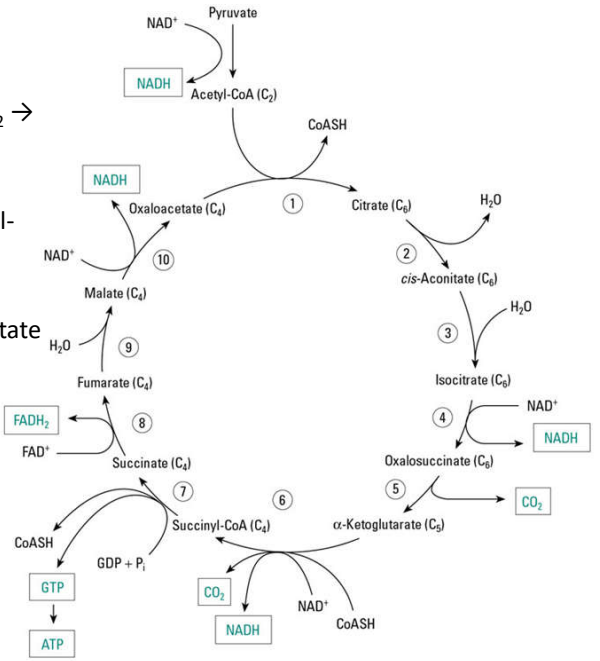
Review of some terms

- Catabolic processes
 - Glycolysis
 - Glycogenolysis
 - Anabolic processes
 - Glycogenesis
 - Gluconeogenesis
 - Molecules
 - Glucose
 - Glucagon
 - Pyruvate
 - Lactate
 - Creatine phosphate
 - Hormones
 - Insulin
 - Glucagon
- How does the Atkins diet “work”?



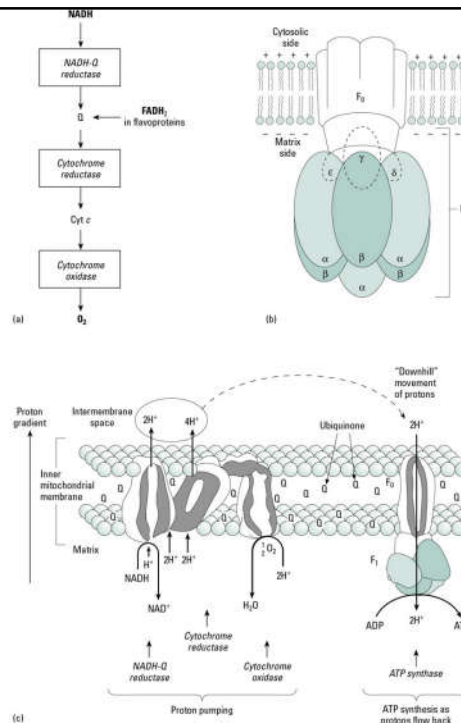
Aerobic pathway

- Overview
 - $\text{Glucose} + 36 \text{ ADP} + 6 \text{ O}_2 \rightarrow 36 \text{ ATP} + 6 \text{ CO}_2 + 6 \text{ H}_2\text{O}$
- Glycolysis yields 2 pyruvate
- Convert pyruvate into acetyl-CoA (C₂)
- **Citric Acid cycle**
 - Combine with Oxaloacetate (C₄) to make Citrate (C₆)
 - Break off two carbons (released as CO₂)
 - Yield (per pyruvate)
 - 2 CO₂
 - 3 NADH
 - 1 FADH₂
 - 1 GTP



Electron transfer system

- From Glycolysis, pyruvate oxidation and Citric Acid cycle
 - 1 glucose \rightarrow 10 NADH + 2 FADH₂
- Electrons transferred to O₂, negatively charged oxygen combines with protons (**metabolic water**)
- Protons pumped out of mitochondrial matrix, setting up a gradient
- **ATP synthase** converts ADP \rightarrow ATP as protons flow back into matrix

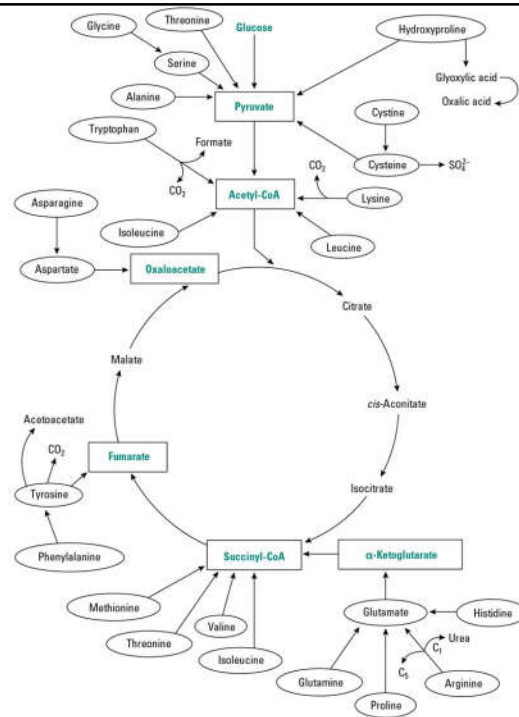


Overview, ATP yields

Reaction sequence	ATP yield per glucose	
<i>Glycolysis (in cytoplasm)</i>		
Phosphorylation of glucose	-1	+2
Phosphorylation of fructose 6-phosphate	-1	
Dephosphorylation of 2 molecules of 1,3-bisphosphoglycerate	+2	
Dephosphorylation of 2 molecules of phosphoenolpyruvate	+2	
(2 NADH are formed in the oxidation of 2 molecules of glyceraldehyde 3-phosphate)		
<i>Conversion of pyruvate into acetyl-CoA feeding into Krebs cycle (in mitochondria)</i> (2 NADH are formed)		
<i>Krebs cycle (in mitochondria)</i>		
2 molecules of GTP are formed from 2 molecules of succinyl-CoA	+2	+2
(6 NADH are formed in the oxidation of 2 molecules each of isocitrate, α -ketoglutarate, and malate)		
(2 FADH ₂ are formed in the oxidation of 2 molecules of succinate)		
<i>Oxidative phosphorylation (in mitochondria)</i>		
2 NADH formed in glycolysis; each yields 2 ATP	+4	+32
2 NADH formed in the oxidative decarboxylation of pyruvate; each yields 3 ATP	+6	
2 FADH ₂ formed in the Krebs cycle; each yields 2 ATP	+4	
6 NADH formed in the Krebs cycle; each yields 3 ATP	+18	
<i>Net yield per glucose</i>	+36	

Alternative Fuels

- Various amino acids can feed into parts of Citric Acid cycle
- Recall osmoregulation of intertidal copepod



Lipids - $(\text{CH}_2\text{O})_3(\text{CH}_2)_{3n}(\text{CO}_2\text{H})_3$

- Common fuel for aerobic metabolism
- Very high energy density
- Chain of CH_2 repeats
- Saturated vs. unsaturated
- Produces Acetyl-CoA (\rightarrow Citric Acid cycle) through β -oxidation.

Saturated fatty acids

e.g. Acetic acid (C_2)	CH_3COOH
Lauric acid (C_{12})	$\text{CH}_3(\text{CH}_2)_{10}\text{COOH}$
Palmitic acid (C_{16})	$\text{CH}_3(\text{CH}_2)_{14}\text{COOH}$

Unsaturated fatty acids

e.g. Palmitoleic acid (C_{16})	$\text{CH}_3(\text{CH}_2)_5\text{CH}=\text{CH}(\text{CH}_2)_7\text{COOH}$
Linoleic acid (C_{18})	$\text{CH}_3(\text{CH}_2)_4\text{CH}=\text{CHCH}_2\text{CH}=\text{CH}(\text{CH}_2)_7\text{COOH}$

Glycerides

e.g. Glycerol (C_3)
(a carbohydrate)

$$\begin{array}{c} \text{H} \\ | \\ \text{HCOH} \\ | \\ \text{HCOH} \\ | \\ \text{HCOH} \\ | \\ \text{H} \end{array}$$

Phospholipid/glycerophosphatide

Triglyceride (glycerol + three lipid side chains)

$$\begin{array}{c} \text{H} \\ | \\ \text{HCO} - \text{CO}(\text{CH}_2)_n\text{CH}_3 \\ | \\ \text{HCO} - \text{CO}(\text{CH}_2)_n\text{CH}_3 \\ | \\ \text{HCO} - \text{CO}(\text{CH}_2)_n\text{CH}_3 \\ | \\ \text{H} \end{array}$$

Lipids - $(\text{CH}_2\text{O})_3(\text{CH}_2)_{3n}(\text{CO}_2\text{H})_3$

- Greater oxygen demand to produce ATP, measured as respiratory quotient (**RQ**)
- Carbohydrate metabolism
 - $\text{C}_6\text{H}_{12}\text{O}_6 + 6 \text{O}_2 \rightarrow 6 \text{CO}_2 + 6 \text{H}_2\text{O}$
 - Ratio of CO_2 to O_2 is 1:1
 - RQ = 1.0**
- Lipid metabolism ($n=17$)
 - $(\text{CH}_2\text{O})_3(\text{CH}_2)_{51}(\text{CO}_2\text{H})_3 \rightarrow 6 \text{CO}_2 + 6 \text{H}_2\text{O}$
 - $\text{C}_{57}\text{H}_{111}\text{O}_9 + 80 \text{O}_2 \rightarrow 57 \text{CO}_2 + 55 \text{H}_2\text{O}$
 - Ratio of CO_2 to O_2 is 57:80 \sim 0.67
 - RQ = 0.7**

Comparing fuels

Nutrient	Heat production		RQ (CO ₂ formed /O ₂ used)	Metabolic water (g per g food)	Metabolic water (g per KJ)
	kJ per g consumed	kJ per l O ₂ consumed			
Carbohydrates	17.4	20.9	1.00	0.56	0.032
Lipids	39.3	19.6	0.71	1.07	0.027
Proteins	17.8	18.6	0.80	0.4–0.5	0.022

- Carbohydrates
 - Fast ATP yield, high ATP per unit oxygen, low energy density
- Lipids
 - Slow ATP yield, low ATP per unit oxygen, high energy density

Patterns of Energy Use

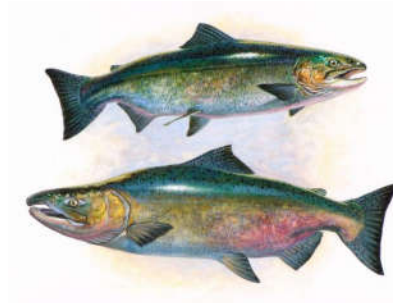
- The relative contribution of fuel types, duration and capacity are all variable.
- For example, general categories of muscle differ:
 - Red muscle
 - Lipid catabolism
 - High myoglobin, well supplied by vessels
 - Fatigue resistant
 - Slow acting
 - White muscle
 - Carbohydrate catabolism
 - Low myoglobin
 - Fatigue quickly
 - Fast acting

Ecological Implications

- Short distance, fast flying insects
 - Rely on carbohydrates
 - Fast start, fast metabolism
 - Low duration
- Long distance, slow flyers
 - Lipids, more dense energy storage
 - Slower to metabolize
- Flying locust energy requirements
 - 500 mg per hour glycogen
 - 70 mg per hour lipid
 - Uses glycogen to initiate flight, switches to lipid



- Migrating salmon
 - Begin migration using lipid stores
 - Infrequent burst acceleration involves carbohydrates
 - Later in trip, protein catabolism



- Humans
 - High capacity for carbohydrate metabolism and lactate turnover
 - Carb-loading - maximize muscle glycogen stores



